

GAMING AND GAMBLING HARM PREVENTION WORKSHOP FOR PARENTS/CARERS



IS GAMBLING A BIG DEAL FOR YOUNG PEOPLE?





-  An estimated **55,000** young people in the UK aged **11-16** are considered 'problem gamblers' (The Gambling Commission, 2019)
-  **Friends and family** play a hugely influential role in shaping gambling behaviour
-  Young people are **most vulnerable** to experiencing **gambling-related harm** once they achieve **independence from their parents** (The Gambling Commission, 2021)

WHAT CAN WE DO ABOUT IT?

As parents we often don't understand gaming but for many of us we have children who are gamers.

By attending one of our workshops you will increase your knowledge around gambling and gaming, understand the potential risks, how to best support your child, and access expert advice & support.

AS A PARENT ARE YOU WORRIED ABOUT THE FOLLOWING ?

-  **The amount of time your child spends playing computer games?**
-  **The amount of time spent gaming could be impacting their health, school and social life?**
-  **Is your child asking for money to spend on games? Are you worried about what they are buying?**
-  **Are you worried about the links between gaming and gambling in young people?**



BOOK YOUR WORKSHOP NOW!

Contact your local Education and Training Lead now to arrange your **free gambling awareness workshop**:

Louise.Bowden@gamcare.org.uk

